

TABLE of CONTENTS

Relationship-Based Teaching and Learning	1
Guiding Principles	2
Three Rings of Student Connectedness	3
Trauma-Informed and Trauma-Sensitive Classrooms and Schools	5
Knowing Your Students: Who Do We Teach?	17
Navigating the Waters	18
Who Are Our Students Developmentally?	18
Who Are Our Students Personally?	24
Who Are Our Students Culturally?	26
What Are Their Assets?	27
What Are Their Needs?	28
How Do We Meet Their Needs?	29
Student Profile	30
Educator Mindsets: Setting the Tone for Teaching	33
Growth Mindset	34
Objective Mindset	37
Action Mindset	39
High School Advisories: Personalizing the Secondary Experience	45
The Daily	47
Greeting	48
Sharing	50
Activities	55
Engagement: Designing the Conditions for Eager Inquiry	63
Orchestrating a Lesson	67
Beginning of the Class Period: Ready—Set—Go	71
Learning Targets	73
Provide Expert Input	75
Deliver Direction and Set Expectations	76
Middle of the Class Period: Manage Resources, Choices, and Interactions	79
Diversification	82
Student Choice	84
Structured Interaction	89
Feedback	96
End of the Class Period: Bringing it Home	100
Work Shares	101
Reflection and Closure	102

The Learning Community: Creating a Successful Foundation	111
Setting Goals: Creating Community Endorsement	111
SMART Goal Planning Sheet	116
The Social Contract: Moving From Individualism to Collectivism	117
Establishing Classroom Expectations: Building Foundations for Equitable Learning	119
Practice Setting Expectations	126
Practice Maintaining Expectations	129
Equitable Conversations: Ways to Foster Competence, Autonomy, and Accountability	131
Creating a Successful Learning Community Reflection	136
Empowering Teacher Language: Supporting Healthy Relationships	139
Empowering Language Umbrella	140
Directing Language	141
Reinforcing Language	143
Reminding Language	145
Redirecting Language	146
Reflecting Language	150
Empowering Language Teacher Reflection	152
Pathways to Self-Control: Instilling the Skills for Self-Management	155
Effective Discipline Makes Sense to Students	155
Pathways to Self-Control	158
Pathways to Self-Control Reflection	171
Appendix	175
Structured Interaction Formats	176
Reflection and Closure Formats	187
Reflection on a Learning Target	190
Ways to Diversify Learning	191
The 16 Habits of Mind	192
References	193